



Stroke technique workshop

Our next swim workshop will be held in the Lap Pool. Taught by Soozee Edminster, Certified US Swim Coach specializing in stroke technique in all four strokes.

This workshop will help improve efficiency and increase speed in the water. Ages 6 to 11 years. Class size is limited and pre-registration and payment is required.

Register in the Customer Service Office or by calling (559) 624-3408.

For more information call (559) 624-3421.



**Saturday, April 13th 10:30AM – 12 PM.
Registration begins March 25th
\$20 for Members
\$30 for Guests**



Parents & Pollywogs

This 3-week class provides an introduction to basic swimming skills and water safety for children 6 months to 2 years. A parent must attend with the child and be in the water with them at all times. Each session consists of six classes, Tuesday and Thursday evenings. Class size is limited and pre-registration and payment is required.

Register in the Customer Service Office or by calling (559) 624-3408. For more information please call (559) 624-3421.

**Session #1: March 5th - 21st
Registration began February 20th
\$80 Members/\$100 Guests
Session #2: April 2nd - 18th
Registration begins March 19th**

Pool Etiquette

The pools are open to all members while classes are scheduled. However, please remember to be courteous to class participants and the instructors. Please do not swim through the class or hold conversations while classes are in progress.