

PERSONAL



TRAINING

Personal Training Options

Semi Private (2-on-1 Personal Training)

Split the cost with a friend or family member.

30 Minutes of Training: \$35

1 Hour of Training: \$55

6 for \$210 / (\$105 Per Person)	6 for \$330 / (\$165 Per Person)
12 for \$420 / (\$210 Per Person)	12 for \$660 / (\$330 Per Person)
24 for \$840 / (\$420 Per Person)	24 for \$1,320 / (\$660 Per Person)
36 for \$1,260 / (\$630 Per Person)	36 for \$1,980 / (\$990 Per Person)

Private (1-on-1 Personal Training)

30 Minutes of Private Training: \$35

1 Hour of Private Training: \$45

6 for \$200	6 for \$260
12 for \$385	12 for \$495
24 for \$735	24 for \$945
36 for \$1,085	36 for \$1,395

Group Training (Groups consist of 3 to 5 people)

8 Sessions: \$99	12 Sessions: \$149
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To request a personal trainer, please call: 624-3449

*Prices subject to change without notice.