

PERSONAL



TRAINING

Personal Training Options

Semi Private (2-on-1 Personal Training)

Split the cost with a friend or family member.

30 Minutes of Training: \$40

1 Hour of Training: \$60

6 for \$240 / (\$120 Per Person)

6 for \$360 / (\$180 Per Person)

12 for \$480 / (\$240 Per Person)

12 for \$720 / (\$360 Per Person)

24 for \$960 / (\$480 Per Person)

24 for \$1,440 / (\$720 Per Person)

36 for \$1,440 / (\$720 Per Person)

36 for \$2,160 / (\$1,080 Per Person)

Private (1-on-1 Personal Training)

30 Minutes of Private Training: \$40

1 Hour of Private Training: \$50

6 for \$230 (\$10 off)

6 for \$290 (\$10 off)

12 for \$440 (1 free session)

12 for \$550 (1 free session)

24 for \$840 (3 free sessions)

24 for \$1,050 (3 free sessions)

36 for \$1,240 (5 free sessions)

36 for \$1,550 (5 free sessions)

To request a personal trainer, please call: 624-3449

**Prices subject to change without notice.*