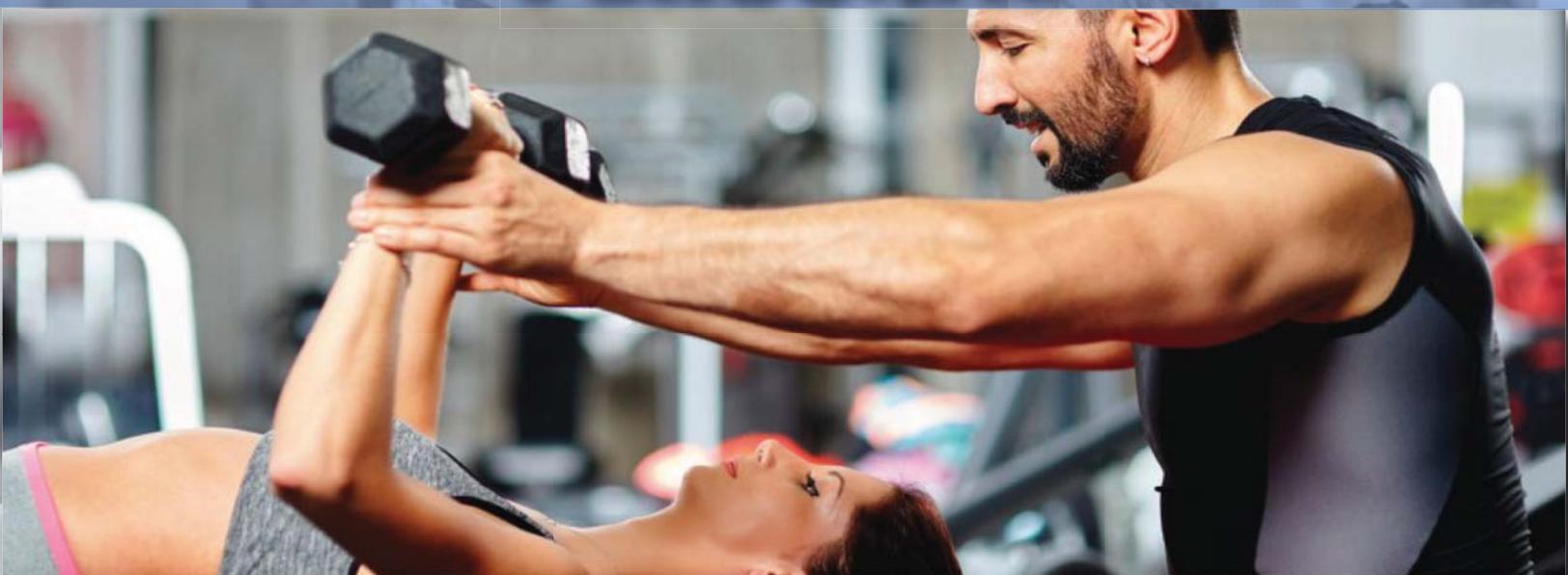


PERSONAL



TRAINING

Personal Training Options

Semi Private (2-on-1 Personal Training)

Split the cost with a friend or family member.

30 Minutes of Training: \$45

1 Hour of Training: \$65

6 for \$270 / (\$135 Per Person)

6 for \$390 / (\$195 Per Person)

12 for \$540 / (\$270 Per Person)

12 for \$780 / (\$390 Per Person)

24 for \$1,080 / (\$540 Per Person)

24 for \$1,560 / (\$780 Per Person)

36 for \$1,620 / (\$810 Per Person)

36 for \$2,340 / (\$1,170 Per Person)

Private (1-on-1 Personal Training)

30 Minutes of Private Training: \$45

1 Hour of Private Training: \$55

6 for \$260 (\$10 off)

6 for \$320 (\$10 off)

12 for \$495 (1 free session)

12 for \$605 (1 free session)

24 for \$945 (3 free sessions)

24 for \$1,185 (3 free sessions)

36 for \$1,395 (5 free sessions)

36 for \$1,705 (5 free sessions)

To request a personal trainer, please call: 624-3449

**Prices subject to change without notice.*