



Get a GRIP on your fitness goals.

Jennah Creason

Professional Mixed Martial Artist • Lifestyle Fitness Center Member

Experience the Medical Fitness Difference

As a medically based fitness facility, our certified and experienced fitness professionals will design an individual fitness program specifically tailored to you and your personal goals, as often as you need and at no additional charge to your membership.

(559) 624-3400

5105 W. Cypress Ave., Visalia, CA

*Certain restrictions may apply. A \$39 annual facility fee is due upon enrollment. Offer not valid with any other offers or discounts. See a membership representative for details. Offer valid 2/1/2026 through 3/31/2026.



 **Kaweah Health
Lifestyle Fitness Center**

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