



(West) Track

Group Exercise Room "B"

Fitness Testing Office

Atrium (opening to ground Floor)

LifeFitness Circuit Series

Free Weight Area

Free Weight Area

Room "A"

Group Exercise Room "B"

CARDIO THEATER 2

CARDIO THEATER 3

Clock

Room "A"

CARDIO THEATER 2

CARDIO THEATER 3

Chairs

US Flag

Rock Wall

Elevator

Scale

Kiosk
21 Sh Rot

Chairs

US Flag

Rock Wall

Elevator

Scale

Kiosk
21 Sh Rot

Room "A"

Bathrooms

WOMEN
MEN

Towels

(South) Track ←

(North) Track →

(South) Track ←

(North) Track →

Track -> (East)

Stairs →

kiosk

Fitness Desk

Dumb Bell Rack

Hoist Calf Extension

LifeFitness Leg Press

Free Motion Cable Cross

Squat Rack

Assisted Pull Up/Dips

Assisted Pull up/Dips

Cybox Modular Seated Row

Chest Press

Multi Use Cable

Lat Pull Down

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