Champs train with HEART!



Jennah Creason
Professional Mixed Martial Artist
Member Kaweah Health Lifestyle Fitness Center

Experience the Medical Fitness Difference

As a medically based fitness facility, our certified and experienced fitness professionals will design an individual fitness program specifically tailored to you and your personal goals, as often as you need and at no additional charge to your membership.

JOIN NOW!
$50*
ENROLLMENT FEE PER PERSON

(559) 624-3400
5105 W. Cypress Ave., Visalia, CA

*Certain restrictions may apply. A $39 annual facility fee is due upon enrollment. Offer not valid with any other offers or discounts. See a membership representative for details. Offer valid 11/1/2026 through 12/31/2026.

Kaweah Health
Lifestyle Fitness Center

VISIT: TheLifestyleCenter.org