

Get a grip and stay fit!

Train like a champion this holiday season.

Richard “Kiki” Torrez Jr.

Olympian / Professional Super Heavyweight Boxer
Member of Kaweah Health Lifestyle Fitness Center



Experience the Medical Fitness Difference

As a medically based fitness facility, our certified and experienced fitness professionals will design an individual fitness program specifically tailored to you and your personal goals, as often as you need and at no additional charge to your membership.

(559) 624-3400

5105 W. Cypress Ave., Visalia, CA

*Certain restrictions may apply. A \$39 annual facility fee is due upon enrollment. Offer not valid with any other offers or discounts. See a membership representative for details. Offer valid 11/1/25 through 12/31/25.



 **Kaweah Health
Lifestyle Fitness Center**

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